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In & Out In 10 Minutes: Korean Skincare Made Simple: Korean Skincare & Lifestyle Secrets For Healthy Glowing Skin!



Synopsis

Learn how to take care of your skin in just 10 minutes a day!

Book Information

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Customer Reviews

I gave this as a gift but ended up reading it too. I am a middle age male of Philippine decent but likes to take care of myself. Amazing self-help resource. Who would like to have age spot, wrinkles, uneven tone, big pores, dry itchy skin, sagging skin? This e-book is the right resource to help prevent that. Great tips for time management to help encourage in our daily routine. Lifestyle, healthy regimen, and right skin products are all laid out in an organized fashion. Well written and quite informative for daily skin health. Fascinating Korean culture in skin care.

Highly recommend for those who are interested in facial care, beauty maintenance and more! I didn't know a lot of things, but learned a lot through this book and am already seeing the difference these tips make :)

Lately I have been following up on Korean skin care trend and I came across this book. And I must say this is the most effective step by step detailed how to take care of your skin in a whole different level. Also I learned how to take care of inside out. This book shows how to detox your body and

make anti oxidant smoothies. Highly recommend it.

I've had the great pleasure of working with Elise Hahn, as she worked on this book over the past year, and finally brought this book to life. It's a great book if you want tips for a quick Korean skincare routine. For someone like me who has been using a successful routine for a couple of years, this book is quite an eye opener. Very easy read. And I love the "kspotlight" sections she included in the book to highlight beauty tips from different individuals.

I'm a tennis coach in Orange County and have been looking for a book to help take care of my skin since it's exposed to the sun and elements constantly. This book is enlightening and makes it very simple to follow a quick, effective, daily regimen for my skin. It's been a few weeks and I'm already beginning to see my skin become brighter and smoother. Pore sizes have also decreased using some of the methods described. Definitely highly recommend this book for everyone!

I got this ebook complementary with one of my skin care products I purchased and could not be more pleased to have such a clear and well explained guide at my fingertips. I have been slowly growing my skin care collection, but this book is way more helpful than any blog post I saved to Pinterest trying to navigate a very foreign concept to me. I love it!

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